



YOUNG LEADERS PROGRAMME

Musselburgh Amateur Swimming Club (MASC) aims to develop young aquatic leaders and provide them with the knowledge to volunteer actively in an aquatic environment. Our aim is to keep young people involved in swimming, with a view to lifelong participation in the sport.

Young leaders is aimed at 14+ year olds and will support the development of the young leader's knowledge across the aquatic disciplines challenging them to work within a team, step outside of their boundaries and will develop communication, organisation, leadership and planning skills.

Poolside Helper

The Poolside Helper will provide support to and operate under the guidance of the MASC Head Coach to provide the services as detailed below:

- Deliver swimming coaching to all squads with a training plan provided by the Head Coach
- Lead swimmers at agreed swimming competitions

Poolside Helper's will be supported and nurtured by the lead coach of the session they attend giving access to theoretical knowledge and practical experience of:

- Session planning;
- Stroke workshops; and
- Assistance with developing leadership skills

Effective coach/swimmer relationships will be developed as well as open communication lines with parents ensuring relevant feedback is communicated verbally on a regular basis. There will be opportunities to gain a Poolside Helper Certificate and later on coaching qualifications.

Swimming Technical Official

Swimmers are encouraged to start of timekeeping at lower level events, however, if interested there are further opportunities available.

The first step on the ladder of officiating is to become a **Timekeeper**. Training consists of a lecture followed by practical experience/assessment of timekeeping on the poolside. Once the assessment is successfully completed swimmers can officiate on the poolside at any event.

Once swimmers have reached the age of 16 then they are eligible to become a Judge. The course is in the form of workshops and practical training on poolside with a mentor only with no examination at the end of the course just a final assessment. **Judge 1** qualifies you to be a Timekeeper and be a Turn Judge.

Once swimmers have completed this they are then eligible to continue to Judge 2 which is completed in the same manner. **Judge 2** qualifies you to Judge stroke and finish. Once you have completed this and have done 20 hours post qualification as a Judge 2 you are then eligible to continue to **Judge 2S (Starter)** which is completed in the same manner. Judge 2S qualifies you to start.